

## Family Support

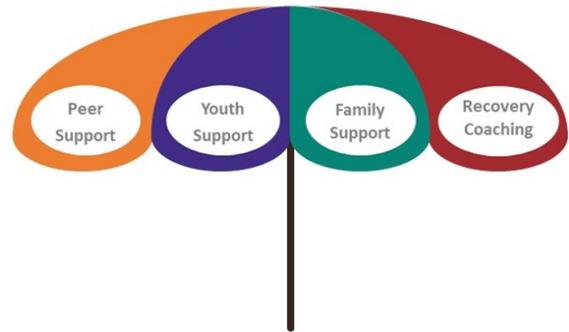
### Family Support Services by Certified Family Support Partner

#### Description

Family Support services provide support to families and caregivers who are caring for youth who have been identified as having a serious emotional disturbance (SED) or co-occurring disorder. These services assist the entire family in their own recovery.

Family Support services are provided by a Certified Family Support Partner (CFSP) who is a parent or adult caregiver with lived experience and specialized training. This individual has acquired an understanding of another parent's situation via the shared emotional and psychological challenges of raising a child with SED. The CFSP establishes a connection and a trust with the member and family not otherwise attainable through other service relationships (e.g. counseling, psychologist, minister) or someone without the shared experience.

The purpose for these services is to help the family feel less isolated, more empowered and engaged in the community throughout the recovery process. Services aim to improve the quality of life and opportunities for recovery in the child's home, school and community.



#### Provider Qualifications

A Certified Family Support Partner (CFSP):

- Has at least one year of lived experience as a parent or an adult caregiver who is raising or has raised a child who lives with a mental health illness or SED with a co-occurring substance use disorder and has successfully navigated the various child-service systems of care (lived experience comes from the lessons learned raising a child before his/her 18th birthday)
- Is practicing within a group agency in the Optum Idaho network under Optum supervisory protocol
- Has an active Family Support Partner certification ([idahopeercert.com](http://idahopeercert.com))

**For more information on Family Support Partner certification, please contact:**

BPA Health Peer and Family Support Certification  
208-947-1300

[info@idahopeercert.com](mailto:info@idahopeercert.com)  
[idahopeercert.com](http://idahopeercert.com)

## Family Support (cont'd)

### Questions & Answers for Family Support

**Q:** Are record and site audit tools for Family Support, Peer Support and Youth Support the same?

**A:** No, record & site audit tools are the same for Peer & Youth Support, but different for Family Support. Please see the audit tools on [optumidaho.com](https://optumidaho.com).

**Q:** Can a member receive multiple services at different agencies?

**A:** Yes. Members can receive multiple services at different agencies.

**Q:** Can a youth receive both Family Support and Youth Support?

**A:** Yes. A youth member can receive both Family Support and Youth Support.

**Please see the [Provider Manual](#) for more information on this service.**