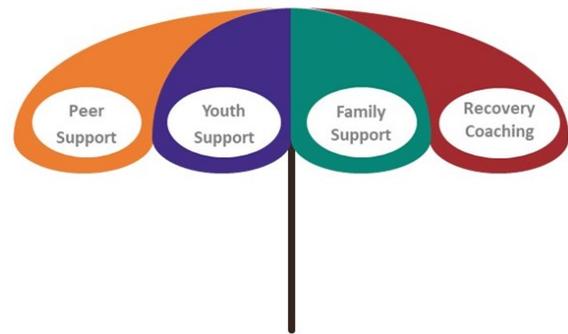


Youth Support

Youth Support services exist under the umbrella of Peer Services. Youth Support services assist and support the member in understanding their role in accessing services and becoming informed consumers of services and self-advocacy. Youth Support may include, but is not limited to, mentoring, advocating, and educating through Youth Support activities individually or in groups. Youth Support services are provided in a context that is youth-centered, family-focused, youth-guided, strengths-based, team-based, community-based, outcome-based, culturally sensitive and responsive to each youth's psychosocial, developmental and treatment care needs.



Youth Support is intended for youth who have the capacity and ability to understand their diagnosis, needs, strengths, behaviors and symptoms to be an active participant in making decisions for their individualized care.

Provider Qualifications

A provider of Youth Support:

- Has a high school degree or equivalent
- Has had lived experience with Serious Emotional Disturbance (SED) or SED co-occurring with Substance Use Disorder (SUD) as a young adult (*standalone SUD lived experience is not eligible*)
- Has been in recovery for a minimum of one year
- Has completed the required Optum Idaho Youth Support Endorsement training ([contact Optum Idaho provider line at 1-855-202-0983](#) or your [Provider Relation Advocate](#) for more information)
- Has an active Peer Support Specialist certification (idahopeercert.com)
- Is practicing within a group agency in the Optum Idaho network under Optum supervisory protocol

It is recommended, however not mandatory, that the provider of Youth Support be between the ages of 21 and 30.

For more information on Adult Peer Support certification (needed prior to Youth Support endorsement):

BPA Health Peer and Family Support Certification

208-947-1300

info@idahopeercert.com

idahopeercert.com

Youth Support (cont'd)

For more information on Youth Support Endorsement:

If you have questions specific to the Youth Support Endorsement process, please contact Optum Idaho's Provider Relation Advocate team at optum_idaho_network@optum.com.

Questions & Answers for Youth Support

Q: Does a youth have to be enrolled in YES to receive Youth Support services?

A: No. Youth Support is a service available to all members under the age of 18 with active Idaho Medicaid coverage.

Q: How can we learn more about group facilitation?

A: Please go to the [Provider Manual](#) (Youth Support \ Additional Information) to see suggested guidelines for youth groups.

Q: How long does the Youth Support endorsement last before renewal?

A: A Youth Support provider is required to have an Adult Peer Support certification through BPA and is therefore responsible for keeping their certification up to date with the appropriate annual requirements. The Youth Support endorsement does not have a date for renewal.

Q: Is there any Continuing Education (CE) credit necessary to maintain the Youth Support endorsement?

A: A Youth Support provider is required to have an adult Peer Support certification through BPA and is therefore responsible for keeping their certification up to date with the appropriate annual requirements and CEs. There are no CE requirements to maintain your Youth Support endorsement.

Please see the [Provider Manual](#) for more information on this service.